



COSMETIC AND RECONSTRUCTIVE EXPERTISE
FOR YOUR *skin health and beauty*SM

**Premier Annual Resident
Cosmetic Symposium**

PROGRAM

April 20-22, 2018

Westin Dallas Fort Worth Airport Hotel • Dallas, TX

Directors:

Susan H. Weinkle, MD

Thomas E. Rohrer, MD

Invited Speakers:

Eric F. Bernstein, MD

Suneel Chilukuri, MD

Sabrina G. Fabi, MD

Timothy C. Flynn, MD

Jeremy B. Green, MD

Elizabeth B. Houshmand, MD

George J. Hruza, MD, MBA

Stephen H. Mandy, MD

Kavita Mariwalla, MD

Kristel D. Polder, MD

Hema Sundaram, MD

Symposium Description

This comprehensive symposium provides expert instruction in the latest cosmetic procedures to help prepare residents for real-world scenarios. Each session – taught by leading ASDS experts – discusses the science, treatment indications, available therapies, techniques, and management of complications. Emphasis will be placed on patient safety and how to obtain optimal cosmetic outcomes. Highlights include live patient demonstrations of multiple procedures and small group breakouts for hands-on training and interactive learning. Networking receptions and a dinner with faculty allow attendees expanded opportunities for questions and participation.

Learning objectives

Following this activity, the participant should be able to:

- Correctly identify anatomy as it pertains to cosmetic tissue in order to properly perform procedures, avoid danger zones and manage complications.
- Relate the principles of symmetry, facial beauty and the effect of aging and understand the effect of available cosmetic therapies and procedures on each.
- Explain the available therapies used by dermatologists for wrinkles, volume loss, skin rejuvenation and resurfacing, submental fullness, facial and body contouring, and veins.
- Describe the appropriate techniques for treatments using soft-tissue fillers, neuromodulators, injectable adipolysis, suture/thread lifts, lasers, and other energy-based devices.
- Select the appropriate treatment for each particular patient's presenting issue(s).
- Identify possible complications in order to avoid prospectively and/or manage following occurrence.

FRIDAY, APRIL 20

4:00 – 4:30 **Check-in at registration desk**

4:30 – 4:45 **Introduction and Symposium Overview**

4:45 – 5:00 **Complete Pre-test**

5:00 – 5:30 **Ideals of Beauty**

5:30 – 6:30 **Facial Anatomy**

6:30 – 7:30 **Networking Reception**

SATURDAY, APRIL 21

7:00 – 8:00 **Networking Breakfast / Visit Exhibits**

8:00 – 8:05 **Welcome**

8:05 – 9:00 **Soft Tissue Fillers**
Mechanism of Action | The Art of Volumizing | Upper-, Mid- and Lower-face | Hands
Managing Complications

9:00 – 9:30 **Neuromodulators**
Mechanism of Action | Contouring with BoNTAs | Upper-, Mid- and Lower-face
Managing Complications

9:30 – 10:00 **Injectables: How to Choose, How to Use**

10:00 – 10:30 **Break / Visit Exhibits**

SATURDAY, APRIL 21

(continued)

10:30 – 12:00 Patient Demonstrations: Dermal Fillers and Neuromodulators

12:00 – 1:00 Networking Lunch / Visit Exhibits

1:00 – 2:15 Contouring and Tightening
Cryolipolysis | Radio Frequency & Ultrasound | Injectable Adoliplysis | Suture/Thread Lifts

2:15 – 2:45 Leg Vein Treatments

2:45 – 3:15 Break / Visit Exhibits

3:15 – 4:45 Patient Demonstrations: Contouring and Veins

4:45 – 5:15 Rejuvenation
Non-ablative Laser and Light-based Treatments | Micro-needling and RF-needling

5:15 – 6:00 Break before reception and dinner

6:00 – 6:45 Networking Reception

6:45 – 8:30 Networking Dinner

SUNDAY, APRIL 22

7:15 – 8:15 **Breakfast Lecture: Cosmeceuticals**

8:15 – 8:45 **Resurfacing**
Ablative Lasers | Chemical Peels

8:45 – 9:00 **Fellowships for You**

9:00 – 9:30 **Break** (pack up your room ...)

9:30 – 11:45 **Small Group Breakouts**
(1) 9:30-10:00 • (2) 10:05-10:35 • (3) 10:40-11:10 • (4) 11:15-11:30
Hands-on Injectables
Small group Q&A
Patient Consultation - Interactive
Facial Anatomy with Gaming Interface

11:45 – 12:00 **Complete Post-test**

12:00 **Conclusion of Symposium**

ACGME/ABMS Desirable Physician Attributes / Competencies

ASDS acknowledges the need for CME content to be designed within the context of desirable physician attributes as expressed by the ACGME/ABMS Core Competencies and the Dermatology Residency Committee. Aligned with Criterion #6 of the Accreditation Council for Continuing Medical Education's Provider Requirements for CME, the ASDS has developed the content of this educational activity to address the ACGME/ABMS Core Competencies:

- **Patient Care** that is compassionate, appropriate and effective for the treatment of health problems and the promotion of health.
- **Medical Knowledge** about established and evolving biomedical, clinical and cognate (e.g., epidemiological and social behavior) sciences and the application of this knowledge to patient care.
- **Practice-based Learning and Improvement** that involves investigation and evaluation of their own patient care, appraisal and assimilation of scientific evidence, and improvement in patient care.
- **Interpersonal & Communication Skills** that result in effective information exchange and teaming with patients, their families and other health professionals.
- **Professionalism** as manifested through a commitment to carry out professional responsibilities, adherence to ethical principles and sensitivity to a diverse patient population.
- **Systems-based Practice** as manifested by actions that demonstrate an awareness of and responsiveness to the larger context and system for health care and the ability to effectively call on system resources to provide care that is of optimal value.

Accreditation Statement and CME Credit Designation

The American Society for Dermatologic Surgery is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians. This resident symposium is a non-CME educational activity.

Unapproved Use Disclosure

The ASDS requires that faculty disclose to attendees when off-label use of products or procedures are being discussed (not approved for the indications being discussed) or experimental and/or investigational (not FDA-approved). These disclosures are intended for continuing medical education, not to promote off-label use of products/procedures. If attendees have questions they should contact the medical affairs department of the manufacturer for the current approved use information.

Commercial Support Disclosure

The following commercial interests provided support in the form of an educational grant for this course:

- None at time of publication

Disclaimer

Attendees understand that medical knowledge is constantly evolving, and that the views and techniques of faculty are their own and may reflect innovations and opinions not universally shared. The views and techniques of faculty are not necessarily those of the, but are presented to advance medical education and should be based on best available medical evidence. The ASDS disclaim any and all liability arising out of information presented in this symposium, and also disclaim any and all liability for injury or other damage resulting in any way from attendance and participation in this educational activity.

Please Note ...

- Schedule and faculty are subject to change.
- No video or audio recording is allowed without the permission of ASDS.
- Presentation materials that are approved for sharing will be sent to you after the course. These are for registered attendees viewing only and may not be copied, distributed, or downloaded in any way.
- By attendance and participation in this course, you agree to allow ASDS to use photos taken at this course for future promotions of ASDS programs.