Mobile Video Shooting Tips

Shoot in landscape mode by positioning the device horizontally.

blurred images.

the subject if needed.

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Make sure the key subject is inside the frame and in focus.

Steady the device with a tripod to prevent

Do not zoom - move the device closer to

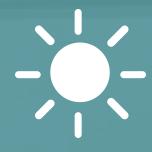


Try to keep video length under 60 seconds if posting to social media.

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Turn camera volume "on" to record both audio and visual.









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COSMETIC AND RECONSTRUCTIVE EXPERTISE FOR YOUR skin health and beautysm

Be aware of background objects and noise.

Use natural light if possible and always have the subject face the light source.

Shoot at or slightly above eye level.

Avoid interruptions by turning on airplane 10 mode.

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Film at least 5 seconds of the subject before speaking begins.

Shoot multiple takes.