

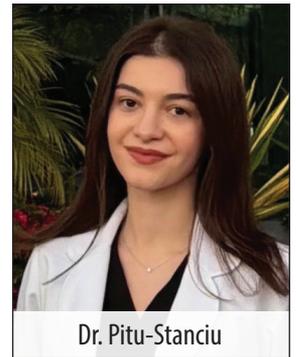
Romanian Preceptee Learns About Laser Technologies and Practice Workflow in California

Host Institution – Cosmetic Laser Dermatology

Preceptee – Ioana-Livia Pitu-Stanciu, MD

Preceptor – Mitchel Goldman, MD

My preceptorship at Cosmetic Laser Dermatology (CLD) in San Diego, California, gave me the opportunity to train with Mitchel Goldman, MD, and the Cosmetic Laser Dermatology team (Drs. Kimberly Butterwick, William Groff, Douglas Wu, Sabrina Fabi, Monica Boen, Jameson Loyal, Raheel Zubair and Kavita Darji) at one of the best cosmetic dermatology centers in the United States. Widely recognized for its expertise in laser and aesthetic medicine, the clinic is equipped with over 60 energy-based devices and offers more than 80 procedural options for skin rejuvenation, pigmentation disorders, vascular lesions, scarring, body contouring and vein treatments. Such a breadth of technology and experience is rarely found within a single clinical practice.



Dr. Pitu-Stanciu

My primary goal when applying for this preceptorship was to deepen my knowledge of advanced laser technologies and cosmetic dermatology procedures, particularly in areas that extend beyond the standard residency training. Throughout my time at the clinic, I had the opportunity to observe a wide range of treatments and gain insight into the daily workflow of a large-scale cosmetic dermatology practice, with strong emphasis on patient safety and individualized care.

CLD is led by Dr. Goldman, recognized worldwide as a leader in cosmetic dermatology and laser medicine. Dr. Goldman played a significant role in the development and clinical application of new laser technologies, and he has authored many peer-reviewed publications and textbooks. Observing his clinical practice provided me with valuable insight into evidence-based decision-making and the safe integration of new technologies into patient care.

I also had the opportunity to learn a lot from Sabrina Fabi, MD, a board certified dermatologist with extensive experience in cosmetic dermatology. Her expertise in injectable procedures and laser treatments, as well as her focus on natural-appearing results, were particularly instructive.

For a few days, I shadowed Douglas Wu, MD, PhD, whose strong clinical focus and systematic approach enhanced my understanding of laser parameters, patient selection and treatment planning across a wide range of indications.

During the preceptorship, I gained valuable experience in patient consultation, counseling, treatment planning and pre- and post-procedure care. This experience significantly strengthened my clinical knowledge, providing me with practical skills that I plan to include in my future practice. It also offered important insight into clinic organization, patient communication and long-term care strategies in aesthetic medicine.

I am deeply grateful for being selected to participate in the ASDS International Preceptorship Program. I highly recommend this program – and the training experience at Cosmetic Laser Dermatology – for all young dermatologists seeking advanced exposure to laser and cosmetic dermatology. I sincerely thank ASDS for supporting me on this educational opportunity!



Drs. Goldman and Pitu-Stanciu



Drs. Fabi and Pitu-Stanciu

For information about the 2026 International Preceptorship Program, email education@asds.net or visit asds.net/international-preceptorship-program.

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