### Wednesday, Nov. 1

WAITLIST

8:30 a.m. - 4 p.m.

NEW! Pre-Conference Workshop: Hands-on Cadaver Lab: Facial Anatomy for Cosmetic Injections

CME: 6.50

**Directors:** Sebastian Cotofana, MD, PhD, PhD;

Brian Biesman, MD, FACS

Faculty: Mariana Calomeni, MD; Stephen Mandy, MD;

Melanie Palm, MD, MBA

Improve your clinical and functional knowledge of facial anatomy for cosmetic injections with hands-on training by renowned experts in facial anatomy and injection techniques. Participants will be guided through clinically relevant techniques, safety and improved outcome aspects related to cosmetic facial injections. Each section of the course includes an anatomy demonstration and injection technique demonstration, followed by participants replicating injections and performing dissections on specimens. This workshop includes all instrumentation, PPE and cadaveric cephalus specimens. Participants should wear scrubs to this workshop.

#### Learning Objectives

Following this activity, participants should be able to:

- Identify functional and structural facial anatomy relevant to cosmetic injections.
- Apply facial anatomy knowledge to assessment and planning for cosmetic procedures.
- Implement injection techniques and strategies that optimize safety as well as aesthetic outcomes.

9 a.m. - 4 p.m.

#### **Pre-Conference Workshop: Chemical Peel Workshop**

CME: 6.00 WAITLIST

**Directors:** Kachiu Lee, MD, MPH; Seaver Soon, MD Faculty: Harold Brody, MD; Jennifer Croix, MD, PhD;

Faiyaaz Kalimullah, MD; Peter Rullan, MD;

J. Barton Sterling, MD

This exclusive interactive workshop will include high-yield, practical lectures and chairside demonstrations of multiple chemical peels. Participants will learn chemical peel formulations and techniques that maximize the efficacy and safety of superficial to deep chemical peels in a small group setting. Some hands-on practice is integrated into select demonstrations to optimize the educational experience. *Developed in cooperation with IPS-USA*.

#### **Learning Objectives**

Following this activity, participants should be able to:

- Describe the science behind superficial, medium and deep chemical peels and recite the various medical uses for chemical peels.
- Perform appropriate chemical peel pre-operative tasks and chemical peel procedures.
- Identify potential chemical peel complications, as well as avoidance and management strategies.

1 – 4 p.m.

#### **PreConference: A Fireside Chat with Innovators**

Non-CME

Directors: Lynn Drake, MD; Katherine Given, MD, PhD, MBA

Faculty: Katherine Given, MD, PhD, MBA;

Douglass Given, MD, PhD; Rich Heley; Bob Rhatigan;

Mathew Avram, MD, JD; Scott Meadow

This will be an interactive and participatory session with key leaders in the invention and innovation space. The goal is to provide an intimate environment for exchange of "know-how" questions and suggestions. This is an opportunity to enhance and expand your networking and we believe it will provide an additional benefit to all the stakeholders who are interested in the process of innovation.

### 4:30 - 6:30 p.m.

#### **Unplugged: Straight Talk about Devices and More**

Non-CME

Directors: Jeannine Downie, MD; José Montes, MD, FACS

Faculty: Amy Taub, MD; Arisa Ortiz, MD;

Anna Guanche, MD; Eric Bernstein, MD, MSE;

Sabrina Fabi, MD; Vivian Bucay, MD; Corey Hartman, MD; Steven Dayan, MD;

Ava Shamban, MD

In this session, we will explore some controversial aspects of cosmetic surgery and dermatology. Gain knowledge of cutting edge technology with regard to new lasers, noninvasive body sculpting, cellulite, cosmeceuticals, new techniques for fillers / toxins, hair growth, skin of color and skin tightening.



8:15 - 9 a.m.

**Keynote: Teamwork and Leading High-Performance Teams: The Five Discipines of Today's Most Effective Work Groups** 

CME: 1.25

Speaker: Adrian Gostick

Adrian Gostick is a global thought leader in the fields of corporate culture, leadership and engagement and provides advice to some of the world's most successful organizations on building culture, managing change and leading high-performance teams.

Gostick is founder of the workplace training and consulting company, "The Culture Works" and author of the *New York Times, USA Today* and *Wall Street Journal* bestsellers, "All In," "The Carrot Principle," "Leading with Gratitude" and "Anxiety at Work." His award-winning books have been translated into 30 languages and have sold more than 1.5 million copies around the world. He is also a leadership strategy columnist for *Forbes*, has appeared on many television news segments and is often quoted in renowned news publications.

96% of executives cite poor collaboration as the main source of workplace failures. Gostick will address how can physicians can lead teams to improved performance given the volatility and challenges faced today, such as the increased speed of change, need to work more cross-functionally, emergence of more remote, global and gig workers, and rise of the Millennials and Gen Z.

Based on an 850,000-person study of today's most profitable, innovative work teams, Adrian Gostick introduces the new science of teamwork.

AS DS

2023
Annual Meeting

November 2-5
Chicago, IL

9 a.m. – Noon

NEW! Hands-on Cadaver Lab: Advanced Surgical Reconstruction

CME: 3.00

(WAITLIST)

**Directors:** H. William Higgins II, MD, MBE; Christopher Miller, MD

Faculty: Anna Bar, MD; Todd Holmes, MD;

Justin Leitenberger, MD; Ian Maher, MD; Mariah Brown, MD; Thuzar Shin, MD, PhD;

Glenn Goldman, MD

Learn nuances about anatomy and reconstruction that you can't find in textbooks! Participants will improve their surgical skills and knowledge of facial anatomy as renowned experts guide them through the design and execution of an Abbe flap, 3-stage forehead flap and cheek-to-nose interpolation flap. Some prior experience with facial reconstructive surgery is recommended for registrants. Course includes all instrumentation, PPE and cadaveric cephalus specimens. Participants should wear scrubs to this workshop. Additional fee and pre-registration required, limited seats.

#### **Learning Objectives**

Following this activity, participants should be able to:

- Summarize key anatomic principles for reproducible results of advanced reconstruction.
- Recognize the ideal defect and indications for using each repair.
- Implement the step-by-step process of various complex repairs.

#### 9:15 - 10:30 a.m.

#### **Plenary: Cosmetic Dermatologic Surgery Pearls**

CME: 1.25

Directors: Corey Hartman, MD; Arielle Kauvar, MD Faculty: Jean Carruthers, MD, FRCSC, FRC;

Derek Jones, MD; Joel Cohen, MD;

Paul Friedman, MD; Omar Ibrahimi, MD PhD

In this session, some of the most sought after clinicians in aesthetics deliver their most effective, cutting edge procedures and treatments that they use in their daily practices. We will cover a variety of subjects including valuable pearls pertaining to laser ablation of fine lines, deep wrinkles and scars, mechanical and laser micro-coring for tightening and lifting, tips and tricks for neurotoxin and filler injections for the face and neck, optimization of port wine stain treatment, cryomodulation to reduce procedural pain and inflammation and many more. You are guaranteed to learn some new game changers for your patients.

#### **Learning Objectives:**

Following this activity, participants should be able to:

- Build on current knowledge of aesthetic procedures.
- Challenge the status quo of how to approach our patients' concerns.
- Propose new methods and treatment options to implement now and plan for in the future.

Cosmetic Dermatologic Surgery

Skin Cancer & Reconstruction

General Dermatology / Other

#### 10:45 - 11:45 a.m.

Perfecting Safe and Effective Combination Treatments: Expert Strategies

**CME: 1.00** 

**Directors:** Jordan Wang, MD, MBE, MBA; Roy Geronemus, MD

Faculty: Nazanin Saedi, MD; Paul Friedman, MD; Mona Sadeghpour, MD; Douglas Wu, MD, PhD

Treatment modalities can be effectively combined in a single session, yet concerns about safety have persisted. This session covers perfecting safe and effective combination treatments through expert strategies. Topics will include safely combining injectables with laser treatments, optimizing laser-assisted drug delivery, safely pairing laser and energy-based devices, incorporating PRP as an adjunctive treatment and integrating peri-procedural topicals with treatments.

#### **Learning Objectives**

Following this activity, participants should be able to:

- Recognize safe and effective combination strategies for single-session treatment.
- Evaluate various topicals, injectables and devices that can be successfully combined.
- Identify new techniques to increase patient safety, while leveraging treatment synergies.

# NEW! Liposuction and Cellulite Treatments from A to Snatched

**CME: 1.00** 

Directors: Heidi Prather, MD; Lisa Donofrio, MD

Faculty: Kyle Coleman, MD; Kimberly Butterwick, MD

This session will cover selection of ideal patients for these procedures for optimal outcomes. Cellulite treatment options will be addressed as standalone or combined procedures with liposuction, as well as the influence of skin laxity. Additionally, equipment needed, start-up costs, patient selection, post-procedure care, how to avoid pitfalls, pearls to elevate your current liposuction practice and adjunct laser devices to enhance outcomes will be covered.

#### **Learning Objectives**

Following this activity, participants should be able to:

- Identify ideal liposuction patients and distinguish from poor surgical candidates.
- Formulate a plan to add liposuction into your practice.
- Discuss new advances in cellulite treatment and distinguish cellulite from skin laxity.

#### **The Scar Session**

**CME: 1.00** 

**Directors:** Jill Waibel, MD; David Ozog, MD

Faculty: Mark Taylor, MD; Nathan Uebelhoer, MD

This session will review how to identify and treat a broad range of scars. Presenters will review how to best approach different types of scarring using lasers, light devices, topical and injectable therapies.

#### **Learning Objectives**

Following this activity, participants should be able to:

- Identify and treat traumatic and surgical scars using a multimodal approach.
- Identify and treat acne scars using a combination approach.
- Summarize the implications and techniques used for Laser Assisted Drug Delivery for treatment of scars, as well as emerging therapies for scar treatment and the future of scar therapy.

### **NEW!** Multidisciplinary Melanoma Review and Treatment

**CME: 1.00** 

Directors: Jeremy Bordeaux, MD, MPH; Bethany Rohr, MD

Faculty: Richard Hoehn, MD; Ankit Mangla, MD;

Luke Rothermel, MD, MPH

Melanoma experts from different specialties will address up-to-date treatments for melanoma. Specific topics to be covered include: When is a sentinel lymph node helpful in early stage melanoma? What health care disparities exist in melanoma therapy? What systemic therapies are available to treat melanoma patients? What role does Mohs micrographic surgery have in melanoma therapy?

#### **Learning Objectives**

Following this activity, participants should be able to:

- List situations where sentinel lymph node biopsy may be considered for early stage melanoma.
- Recognize situations where Mohs micrographic surgery may be helpful in treating melanoma.
- Summarize current systemic therapies for treating melanoma.

#### Office Cribs

**CME: 1.00** 

**Directors:** Shannon Humphrey, MD, FRCPC; Terrence Keaney, MD **Faculty:** Michelle Henry, MD; Vincent Richer, MD, FRCPC;

Amolia Hausauar MD

Amelia Hausauer, MD

A series of high-quality, well-edited, engaging, slick, snappy, movie-quality videos highlighting form and function design aspects of each practitioner's office design.

#### **Learning Objectives**

Following this activity, participants should be able to:

- · Evaluate a variety of dermatology practice office designs.
- Discuss design elements and practical tips for functional office design considerations.
- Explore the financial considerations of effective office design.

Cosmetic Dermatologic Surgery

Skin Cancer & Reconstruction

General Dermatology / Other

10:45 - 11:45 a.m. cont.

### **NEW! Culturally Competent Care in Dermatology**

**CME: 1.00** 

**Directors:** Brooke Jackson, MD; Vivian Bucay, MD **Faculty:** Karan Lal, DO, MS; Neelam Khan, MD

As the United States grows more diverse, dermatologists must become familiar with the cultural practices of various ethnic, racial and social minorities to provide culturally competent care to these populations. Cultural competence is defined as the ability to effectively deliver healthcare that meets the social, cultural and linguistic needs of patients. A culturally competent practice can improve health outcomes, adherence to treatment plans, quality of care and contribute to the elimination of racial and ethnic health disparities. This session will teach important information relevant to the care of African American, Muslim, Jewish and transgender patients.

#### **Learning Objectives**

Following this activity, participants should be able to:

- Implement culturally competent actions in the office.
- Recognize the needs of culturally diverse populations.
- Evaluate their office for deficiencies in cultural competency.

#### 1:30 - 3:45 p.m.

NEW! Interactive Workshop: What Do You See? What Would You Do? - with patient demonstrations!

**CME: 2.25** 

Directors: Sue Ellen Cox, MD; Vince Bertucci, MD, FRCPC

Faculty: Kimberly Butterwick, MD;

Shannon Humphrey, MD, FRCPC; Omer Ibrahim, MD;

Terrence Keaney, MD

Provide your input on patient assessment and treatment recommendations with polling tools for real cases and live patient models! Renowned cosmetic dermatologic surgeons will share their real before and after cases, and then perform assessment and treatment of patient models in real time in this interactive workshop with live patient demonstrations. Additional fee and pre-registration required.

#### **Learning Objectives**

Following this activity, participants should be able to:

- Develop and prioritize cosmetic injection treatment sequencing based on anatomic features, patient need and practical concerns.
- Optimize patient treatments through effective patient assessment and selection of appropriate agents and injection techniques.
- Avoid complications injecting at various locations and depths.

1:30 - 2:30 p.m.

**Neuromodulators: The Cutting Edge** 

**CME: 1.00** 

Directors: Deirdre Hooper, MD; Seth Matarasso, MD

Faculty: Sebastian Cotofana, MD, PhD, PhD; Doris Day, MD;

Jeremy Green, MD

This session will cover FDA-approved neuromodulators in depth, as well as others that are on the horizon. Faculty will recommend best practices to maximize aesthetic outcomes in the upper and lower face, while avoiding complications and unnatural appearances. We will provide a road map to differentiating the available products and business tips to implement in clinical practice.

#### **Learning Objectives**

Following this activity, participants should be able to:

- Discuss available and upcoming neuromodulators and their similarities and differences.
- Assess musculature that is amenable to neuromodulator treatment and review injection techniques.
- Identify risks for complications and how to treat them if they occur.

# NEW! Advances in Microneedling Techniques Around the World

**CME: 1.00** 

Directors: Monica Li, MD, FRCPC; Tina Alster, MD

Faculty: Jaishree Sharad, MD;

Rungsima Wanitphakdeedecha, MD, MA, MSc, PhD;

Hyejin Leah Chung, MD

The session aims to present updated, evidence-based practices and clinical pearls from a global perspective, using microneedling in a safe and effective way to manage various common dermatoses. Conditions to be reviewed may include scars of various etiologies, striae distensae, rhytides and photodyschromia. The use of microneedling to facilitate transdermal drug delivery will additionally be reviewed. Microneedling and radiofrequency microneedling will be compared and discussed. Topics to be presented will include assessment approaches, supporting recent literature, clinical pearls and experiences, and discussion of adverse effects and management options.

#### **Learning Objectives**

Following this activity, participants should be able to:

- Demonstrate the safe and effective use of microneedling in patients with various common dermatoses as performed in real-world clinical practice.
- Evaluate evidence-based practices using microneedling for scars, striae and rhytides based on clinical experience and research.
- Formulate approaches and treatment plans that optimize outcomes and minimize adverse effects, when targeting aesthetic and medical skin needs of patients using microneedling across the skin spectrum.

Cosmetic Dermatologic Surgery

Skin Cancer & Reconstruction

General Dermatology / Other

1:30 - 2:30 p.m. cont.

#### **NEW! Ear Reconstruction: From Simple to Advanced**

**CME: 1.00** 

**Directors:** Daniel Eisen, MD; Todd Holmes, MD **Faculty:** Nour Kibbi, MD; Nahid Vidal, MD

Though the ear is a complex three-dimensional structure, ear reconstruction is one of the most rewarding areas of facial reconstruction. Many options exist, ranging from second intention healing to multistage interpolated flaps with cartilage transfer. Given that the donor sites for most flaps remain hidden in cosmetic subunits or even behind the auricle itself, positive outcomes are expected with high frequency. Pearls and pitfalls for each repair will be covered, maximizing the learning opportunities for this session.

### **Learning Objectives**

Following this activity, participants should be able to:

- List at least five different methods of performing ear reconstruction.
- Perform an anterior and posterior based banner transposition flap, mastoid area interpolation flap, lateral neck pull-through flap.
- Summarize at least five pearls and pitfalls to performing auricular reconstruction.

#### **Transplant and Immunosuppression Tumor Board**

**CME: 1.00** 

Directors: Sean Christensen, MD, PhD; Bryan Carroll, MD, PhD

Faculty: Kristin Bibee, MD, PhD; Melissa Pugliano-Mauro, MD;

Jake Wang, MD; Christopher Bichakijian, MD

Organ transplant recipients and other immunosuppressed patients have an increased risk of skin cancer development and increased risk of metastasis and death from skin cancer. Dermatologists and dermatologic surgeons are uniquely positioned to care for these patients and optimize treatment outcomes. This session will use a case-based approach to highlight key features of cutaneous oncology in immunosuppressed patients, from prevention and management of field disease to surgical and systemic treatment of high-risk and advanced cancers. Interdisciplinary care and coordination with transplant teams will be emphasized.

#### **Learning Objectives**

Following this activity, participants should be able to:

- Assess options for prevention, detection, and management of multiple skin cancers in transplant and immunosuppressed patients.
- Discuss surgical management of transplant and immunosuppressed patients with high-risk skin cancer.
- Describe systemic treatment options for patients with advanced skin cancer in the context of multidisciplinary care.

**NEW!** Girl Boss: What It Takes to Be a Successful Female Dermatologic Surgeon In and Out of the Office

**CME: 1.00** 

**Directors:** Zakia Rahman, MD; Mona Sadeghpour, MD **Faculty:** Kathy Fields, MD; Geoffrey Lim, MD

Female dermatologic surgeons continue to face significant but surmountable challenges in their personal and professional lives. This session will cover scientific advances in fertility preservation, market advances in social media and legal advances in pay equity that can be utilized to optimize success.

#### **Learning Objectives**

Following this activity, participants should be able to:

- Formulate a fertility preservation plan.
- Recognize the valuable traits of a partner.
- Locate opportunities for branding and entrepreneurial success.

**NEW!** The Skin Microbiome: Tending Our Skin Microbes Rather Than Trying to Annihilate Them

**CME: 1.00** 

**Director:** Doris Day, MD

Faculty: M. Laurin Council, MD, MBA;

Natasha Atanaskova Mesinkovska, MD, PhD

The skin microbiome is poorly understood, but stands to impact our skin health and appearance in powerful ways. Many current treatments for acne, rosacea, aging and even skin cancer all use products that purposefully or inadvertently target the precious microbes that live on and in our skin. By better understanding the microbes, their balance and needs, we may be able to help the skin respond better to treatments and remain in remission from flares for longer.

#### **Learning Objectives**

- Name the most prominent microorganisms and their balance in the skin.
- Select biome-friendly ingredients for our patients.
- Educate the public on the importance of protecting the skin microbiome.



#### 2:45 - 3:45 p.m.

Real World, Small Volume: High Yield Filler Injection Techniques

**CME: 1.00** 

**Directors:** Joely Kaufman, MD; Rebecca Kazin, MD **Faculty:** Shannon Humphrey, MD, FRCPC;

Shannon Humphrey, MD, FRCPC; Jeremy Green, MD; Brian Biesman, MD;

Melanie Palm, MD, MBA

Most patients now request natural, but visible, results. This session will deliver valuable clinical examples of techniques that provide meaningful results using one to three syringes of filler. We will focus on several different areas for injection, including both on face and off. Expert faculty will use clinical cases to demonstrate how to achieve valuable results with fewer injections and will address optional techniques for safety, as well as filler choices per area.

#### **Learning Objectives**

Following this activity, participants should be able to:

- Demonstrate the clinical techniques for filler injection when limited to a low volume.
- Distinguish between the different filler choices for various areas of the face and body.
- Design an approach to a difficult-to-treat case, whereby both safety and aesthetics outcomes are highlighted.

#### **NEW! Back to the Future: Ablative Resurfacing**

CME: 1.00

Directors: Arisa Ortiz, MD; Joel Cohen, MD

Faculty: Suzanne Kilmer, MD; Mathew Avram, MD, JD

At this point, there are several options for ablative resurfacing including fractional 2940, fractional 2910 and fractional CO2, as well as full-field Erbium and CO2. This session will provide an overview of each, including the pluses and pearls to selecting the appropriate laser, and share before-and-after images.

#### **Learning Objectives**

Following this activity, participants should be able to:

- Analyze multiple ablative laser options.
- Summarize treatment pearls for multiple ablative laser types.
- Identify the optimal ablative laser for integration or use in their practice.

#### **NEW! Cartilage Grafting for Nasal Reconstruction**

**CME: 1.00** 

**Directors:** Ravi Krishnan, MD; Ally-Khan Somani, MD, PhD **Faculty:** Tri H. Nguyen, MD; Severin Laeuchli, MD

In the reconstruction of nasal defects, cartilage grafting is often necessary to restore function and cosmesis. This session will provide a detailed discussion of cartilage grafting as it pertains to nasal reconstruction for the treatment of skin cancer. We will cover techniques for harvesting grafts, techniques for cartilage graft placement and various applications of cartilage grafting for nasal reconstruction.

#### **Learning Objectives**

Following this activity, participants should be able to:

- · Select appropriate cartilage graft donor sites.
- Utilize cartilage grafts for aesthetic and functional restoration of the nose.
- Recognize a variety of reconstructive scenarios in which cartilage grafting can be useful.

#### **NEW! My Favorite Flap**

**CME: 1.00** 

Directors: Andrew Kaufman, MD; Glenn Goldman, MD

Faculty: Sumaira Aasi, MD; Siegrid Yu, MD;

Christopher Miller, MD; Seaver Soon, MD; Ramona Behshad, MD; Bradley Merritt, MD

In this session, we will review the details and nuances of common and new flaps in dermatologic surgery with video, provide a step-by-step overview of the pearls and pitfalls of various flaps and discuss the ideal situations for utilizing these flaps.

#### **Learning Objectives**

Following this activity, participants should be able to:

- Identify flaps for the optimal reconstruction of a defect.
- Improve flap design and discuss pearls and pitfalls of particular cutaneous flaps.
- Execute flap surgery with attention to free margins and the cosmetic result.



Cosmetic Dermatologic Surgery

Skin Cancer & Reconstruction

General Dermatology / Other

2:45 - 3:45 p.m. cont.

NEW! How to Boost Your Business by 25% with Diversity, Equity and Inclusion

**CME: 1.00** 

**Directors:** Jeanine Downie, MD; Omer Ibrahim, MD **Faculty:** Kathleen Welsh, MD; Sara Hogan, MD;

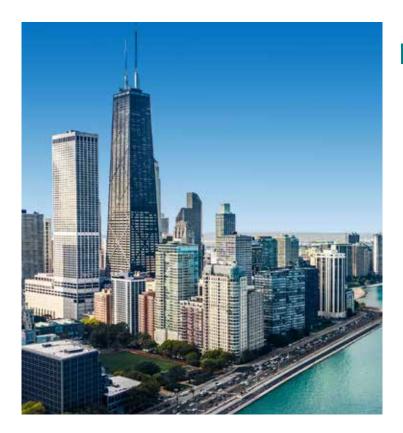
Cheryl Burgess, MD

Studies across all workspaces prove that focusing on diversity and inclusion leads to huge economic profit for the business. This session will examine the current state of diversity within dermatologic surgery, how far the needle has moved to date and how dermatologists can become allies with industry in the fight for equity in our field. We will discuss partnerships with professional societies and industry to promote diversity and equity, diversifying one's practice and patient base to better serve patient needs and how winning at diversity provides personal and financial benefits.

#### **Learning Objectives**

Following this activity, participants should be able to:

- Recognize and dismantle personal and systemic biases that hinder diversity and equity within the field of dermatologic surgery.
- Identify tools and avenues through which clinicians can partner with industry and professional societies to promote equity and increase diversity within dermatology.
- Implement tools to diversify your practice, your patient base and your profit margins.



**NEW!** From Informatics to Al: What "the Algorithm" Means for Dermatology

**CME: 1.00** 

Directors: Sarah Aaron, MD, PhD;

Katherine Given, MD, PhD, MBA

Faculty: Zakia Rahman, MD

This session explores the role of artificial intelligence (AI) in dermatology, examining its potential to revolutionize the diagnosis and treatment of skin conditions. We will cover the basics of AI and machine learning and delve into current AI-powered tools and technologies used in dermatology. Key subjects include the use of AI in skin lesion analysis, melanoma detection and image-based diagnosis. Additionally, ethical and legal considerations surrounding the use of AI in dermatology will be discussed, along with its limitations and challenges. The session will provide a comprehensive overview of AI's impact on the field of dermatology and its potential to improve patient outcomes.

#### **Learning Objectives**

Following this activity, participants should be able to:

- Discuss the basics of Al and machine learning as well as current Al-powered tools and technologies used in dermatology.
- Evaluate the limitations and challenges of Al in dermatology and discuss strategies for overcoming these limitations to improve the use of Al in dermatology practice.
- Examine ethical and legal considerations surrounding the use of AI in dermatology.

4:45 - 6 p.m.

#### **Plenary: Skin Cancer and Reconstruction Pearls**

**CME: 1.25** 

Directors: C. William Hanke, MD; Patrick Lee, MD

**Faculty:** Tri Nguyen, MD; Anna Bar, MD;

Nima Gharavi, MD, PhD

This session will simplify and deliver tips on complex reconstructive concepts and skin cancer management that dermatologic surgeons can implement in their practice.

#### **Learning Objectives**

- Improve decision-making during region specific reconstruction.
- Provide specific measures/tips to improve and refine closures.
- Decrease complications and improve outcomes for their patients.

#### 9 - 10:15 a.m.

#### **Plenary: Cosmetic Dermatologic Surgery Complications**

**CME: 1.25** 

**Directors:** Jeremy Brauer, MD; Mara Weinstein Velez, MD **Faculty:** Cheryl Burgess, MD; Eric Bernstein, MD, MSE;

Michelle Henry, MD; Melissa Levin, MD;

Daniel Friedmann, MD

This session will review how to identify and treat complications following cosmetic skin surgery. Presenters will review how to best avoid complications — and if they occur, how to best treat them.

#### **Learning Objectives**

Following this activity, participants should be able to:

- Identify and treat complications related to cosmetic injection procedures.
- Identify and treat complications related to energy-based device procedures.
- Preoperatively evaluate patients to help minimize the risk of complications related to cosmetic dermatology procedures.

#### **Plenary: Skin Cancer and Reconstruction Complications**

**CME: 1.25** 

Directors: Chrysalyne Schmults, MD, MSCE; Kishwer Nehal, MD

Faculty: Jeremy Bordeaux, MD, MPH;

Ravi Shankar Krishnan, MD; Ashley Elsensohn, MD, MPH;

Frances Walocko, MD; Syril Keena Que, MD, MPH

In this session, faculty will review complications of dermatologic surgery and histopathologic pitfalls in the diagnosis of skin cancers. We will also discuss surgical pearls for the management of reconstruction complications.

#### **Learning Objectives**

Following this activity, participants should be able to:

- Recognize histopathologic pitfalls in the diagnosis of malignant cutaneous tumors.
- Describe dermatologic surgery complications.
- Manage cutaneous reconstruction complications.

12 - 1:30 p.m.

Resident / Early Career Roundtables: Creating Connections for Advice, Leadership, Practice Management and Career Development

Non-CME

Directors: Heidi Prather, MD; Allison Sutton, MD, FRCPC

Faculty: Ritu Swali, MD; Mara Weinstein Velez, MD; Vincent Richer, MD, FRCPC; David Laub, MD;

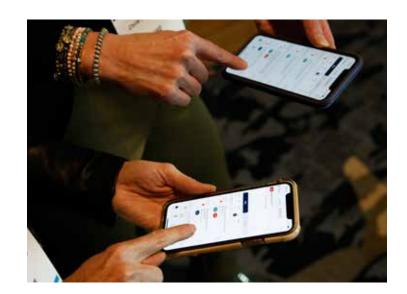
Lawrence Green, MD; Alexander Miller, MD; Janelle Nassim, MD; Ronda Farah, MD;

Catherine DiGiorgio, MD

Leadership will share advice and their experiences to support young physicians as they transition out of residency, find their dream jobs and master the continual journey toward work-life balance. Faculty will be seated in a round table with five to 10 attendees to facilitate and guide meaningful conversations covering topics including the art of negotiation and navigating contracts; considerations between academics, private practice and PE-owned practices; how to build a social media following; pitfalls and opportunities in marketing; how to start a practice; practice management pearls in hiring, firing and keeping staff happy; and advancing niche skills such as lasers, cosmetics, Mohs, pediatrics, clinical research and education / podium opportunities.

#### **Learning Objectives**

- Summarize the differences between academic, private and PE practices.
- Recognize the value in society membership and involvement in the dermatology community at large.
- Make a connection to pursue next steps in career aspirations.



#### 1:30 - 3:45 p.m.

Patient Demonstrations: Advanced Injection Techniques with 3D

**CME: 2.25** 

Directors: Susan Weinkle, MD; Seth Matarasso, MD

Faculty: Steven Dayan, MD, FACS; Sabrina Fabi, MD;

Kevin Pinski, MD; Rachel Pritzker, MD

This live interactive session will feature renowned experts demonstrating advanced injection techniques with dermal fillers, neuromodulators and biostimulators. Participants will observe how faculty use an anatomical approach to facial assessment and demonstrate diverse approaches using structural tissue layers for the precise placement of injections to improve outcomes, minimize complications and enhance natural appearing results. New this year is the option to view the procedures live in 3D!

#### **Learning Objectives**

Following this activity, participants should be able to:

- Recognize important anatomic structures and landmarks and describe their importance for optimal functional and cosmetic outcomes.
- Optimize patient treatments through effective patient assessment and selection of appropriate agents and injection techniques.
- Avoid complications injecting at various locations and depths.

#### 1:30 - 2:30 p.m.

Let There Be Light: Aesthetic Considerations in Ethnic Skin Using Lasers and Devices

**CME: 1.00** 

**Directors:** Nazanin Saedi, MD; Douglas Wu, MD, PhD **Faculty:** Jaishree Sharad, MD; DiAnne Davis, MD

This session aims to present updated, evidence-based practices and clinical pearls using lasers, energy-based devices and minimally invasive procedures to manage benign dermatoses affecting patients with darker skin phototypes. Management strategies targeting common pigmentary and non-pigmentary conditions that may be reviewed include photodyschromia, melasma, scarring of various aetiologies, keloids, postinflammatory hyperpigmentation and striae.

#### **Learning Objectives**

Following this activity, participants should be able to:

- Evaluate evidence-based practices of using lasers, energy-based devices and minimally invasive procedures for managing pigmented and common dermatoses in those with more richly pigmented skin.
- Demonstrate the safe and effective use of lasers, energy-based devices and minimally invasive procedures in patients with more richly pigmented skin as performed in real world clinical practice.
- Formulate approaches and treatment plans to address the aesthetic skin needs of patients with more richly pigmented skin.

#### **Chemical Peeling in a Dermatologic Practice**

**CME: 1.00** 

**Directors:** Gary Monheit, MD; Seaver Soon, MD Faculty: Emily Keller, MD; Harold Brody, MD;

Kachiu Lee, MD, MPH

Chemical peeling is an important component to dermatology and cosmetic practices. The use of superficial and medium depth peeling for resurfacing is a vital part of skin rejuvenation. The common uses and precautions will be reviewed in this session.

#### **Learning Objectives**

Following this activity, participants should be able to:

- Describe the differences between superficial and medium depth peeling and conditions for which each is indicated, as well as differences in peel solutions and techniques of application.
- Combine chemical peeling with other cosmetic procedures.
- Summarize precautions of peeling and care of complications.

### NEW! Essential Head and Neck Anatomy for Dermatologic Surgeons

**CME: 1.00** 

**Directors:** Christopher Miller, MD; Nirusha Lachman, PhD

Faculty: Junqian Zhang, MD

Dermatologic surgery of the head and neck aims to restore a youthful or normal appearance. A precise understanding of the anatomic basis of appearance is the key to efficient surgery and ideal outcomes. This session will use videos and photos to illustrate essential anatomic relationships and principles that will help dermatologic surgeons operate with confidence and precision. The session is relevant to both cosmetic and reconstructive surgeons.

#### **Learning Objectives**

- Discuss key anatomic relationships to identify and preserve critical structures.
- Identify safe tissue planes during surgery.
- Locate facial ligaments that stabilize soft tissues to bone and deep fascia.



1:30 - 2:30 p.m. cont.

#### **Mohs Histology**

**CME: 1.00** 

Directors: Ashley Elsensohn, MD, MPH; Naomi Lawrence, MD

Faculty: Min Deng, MD; Christine Ahn, MD

Histology is fundamental to both the success of Mohs surgery and patient outcomes. In this session, we will discuss the microscopic structure of common and rare cutaneous tumors, normal structures and technical pitfalls that impact diagnostic accuracy.

#### **Learning Objectives**

Following this activity, participants should be able to:

- · Delineate benign normal pathology from tumors.
- Identify pathologic features of rare tumors.
- Identify and correct common technical issues that impact histologic quality.

# NEW! Transitions Across the Career Spectrum: Optimizing the First 90 Days

**CME: 1.00** 

**Directors:** Elizabeth Cusick, MD; Marta Van Beek, MD, MPH **Faculty:** Nkanyezi Ferguson, MD; Kirk Sidey, MD, MBA

This session will focus on optimizing the transition into a new role as a dermatologic surgeon, whether one is changing practices, mid-career or freshly out of residency and fellowship. In addition to exploring the perspective of the transitioning surgeon, the priorities and tactics of the senior dermatologic surgeon responsible for onboarding new colleagues will also be evaluated. We will cover the nuts and bolts of navigating the onboarding process, identifying mentors for personal and professional development, connecting with general dermatologists and developing multidisciplinary teams to improve patient care.

#### **Learning Objectives**

Following this activity, participants should be able to:

- Identify common challenges and potential pitfalls dermatologic surgeons face during job transitions at any stage in their career.
- Formulate strategies for successful onboarding and mentoring
  of dermatologic surgeons to assimilate into the practice
  culture to promote future leaders who remain active and
  engaged in the field of dermatology on a national level through
  research, advocacy and teaching.
- Discuss practical tips and tricks for successful onboarding transition based on shared lived experience.

#### **Pigmentary Pearls**

**CME: 1.00** 

**Directors:** Pearl Grimes, MD; Andrew Alexis, MD

Faculty: Arielle Kauvar, MD

Pigmentary disorders are global issues of major cosmetic significance. Multiple studies document the negative impact on quality of life. This session will review and share key pearls for the management of common disorders of hyperpigmentation, including photoprotection, topical and oral agents, resurfacing modalities and treatment of complications.

#### **Learning Objectives**

Following this activity, participants should be able to:

- Describe hyperpigmentation treatment options including topicals, oral lightening agents and resurfacing modalities.
- Summarize photoprotection pearls.
- Manage hyperpigmentation treatment complications.

#### 2:45 - 3:45 p.m.

# NEW! A Comprehensive Approach for Acne Scar Treatment

CME: 1.00

**Directors:** Mark Taylor, MD; Farah Moustafa, MD **Faculty:** DiAnne Davis, MD; Asif Hussein, MD

This session will review the different types of acne scars commonly encountered in the clinic and how we can use various treatment modalities (chemical peels, subcision and various laser modalities) to appropriately and safely treat these scars for all skin types I-VI.

#### **Learning Objectives**

Following this activity, participants should be able to:

- Assess and differentiate various acne scar types in a clinical setting.
- Develop a treatment plan based on individual scar type.
- Manage scar types in patients with various backgrounds and skin types and combine therapies for maximum results.

#### You're So Vein!

CME: 1.00

**Directors:** Vineet Mishra, MD; Daniel Friedman, MD **Faculty:** Mitchel Goldman, MD; Robert Weiss, MD

In this session, we will discuss venous disease evaluation, leg vein anatomy, medical and procedural treatments and management of complications.

#### **Learning Objectives**

Following this activity, participants should be able to:

- · Review anatomy of leg veins.
- Differentiate key treatment options for patients with varying degrees of venous disease.
- Recognize and manage complications.

Cosmetic Dermatologic Surgery

Skin Cancer & Reconstruction

General Dermatology / Other

2:45 - 3:45 p.m. cont.

#### **Hard Procedures**

**CME: 1.00** 

Directors: Ian Maher, MD: Mariah Brown, MD Adam Mattox, DO; Kathryn Shahwan, MD Faculty:

In this session, expert faculty will use high quality videos and descriptions of key steps to make "intimidating techniques" accessible.

#### Learning Objectives

Following this activity, participants should be able to:

- Describe the key steps in full thickness periocular repairs.
- Recite the key steps in cartilage manipulation for refining nasal
- Identify pearls for execution of larger repairs.

#### **NEW! Surgical Scar Revision Techniques**

**CME: 1.00** 

Directors: Ramona Behshad, MD; Patrick Lee, MD **Faculty:** 

Katherine Given, MD, PhD, MBA;

Christopher Miller, MD

This session will address the practice gap of suboptimal cosmetic and functional outcomes following dermatologic surgery. We will cover the indications and contraindications for scar revision, surgical management and treatment options for scars, as well as non-surgical management of scars.

#### Learning Objectives

Following this activity, participants should be able to:

- Evaluate a scar for surgical scar revision and describe surgical scar revision techniques.
- Develop a step-wise approach to surgical scar revision in difficult areas, such as the eyelid, lip and nose.
- Plan and execute surgical scar revision to maximize patient outcomes.

#### **NEW!** How to Be a Successful Businessperson in **Dermatology**

**CME: 1.00** 

Directors: Cyndi Yag-Howard, MD; Ava Shamban, MD Faculty: Michael Gold, MD; Ellen Marmur, MD;

Kavita Mariwalla, MD

This session is designed to help all dermatologists achieve success in their careers. The information presented is based on personal experience and interviews with successful dermatologists throughout the continent who share their thoughts about what success means and how to achieve it.

#### **Learning Objectives**

Following this activity, participants should be able to:

- Define success in their own terms.
- Summarize what it takes to become a successful businessperson in dermatology.
- Incorporate the lessons learned from other successful dermatologists into their own practices.

#### **NEW! Regimen Logic**

**CME: 1.00** 

**Directors:** Ruth Tedaldi, MD; Patricia Farris, MD Faculty: Doris Day, MD; Diane Berson, MD;

Vivian Bucay, MD

It's time to take three or four of the most common reasons our patients come to see us - aging, pigmentation, acne, redness of the skin - and present specific skin care regimens with the focus on the differentiating factors in the cosmeceuticals we use.

#### Learning Objectives

- Compare skin care agents in everyday use for particular conditions.
- Determine ideal skin care regimens for conditions treated daily.
- Distinguish the science examined to bring a cosmeceutical to market.





#### 4:30 - 5:30 p.m.

#### **Cosmetic Oral Abstract Presentations: Top Ten**

**CME: 1.00** 

Director: Noëlle Sherber, MD

In-person presentations of the ten highest scoring scientific abstracts in the Cosmetic Dermatologic Surgery category.

#### **Learning Objectives**

Following this activity, participants should be able to:

- Discuss advances being made through dermatologist conducted studies and patient treatments.
- Assess the significance of investigative studies in dermatology and dermatologic surgery.

# NEW! Combination Treatment Body Sculpting: From Minimally Invasive to Non-invasive

**CME: 1.00** 

Directors: Carolyn Jacob, MD

Faculty: Elizabeth Tanzi, MD; David Kent, MD

This session will review combination treatment in the areas of fat reduction, muscle toning and skin tightening. Injectables, liposculpture, laser lipolysis, cryolipolysis, ultrasound, radiofrequency and muscle toning will be discussed, as well as how to combine treatments for patient safety and superior outcomes.

#### Learning Objectives

Following this activity, participants should be able to:

- Identify key categories of aesthetic concerns regarding body contouring.
- Evaluate muscle loss, fat loss/hypertrophy and skin laxity or textural issues on physical exam.
- Formulate a rationale treatment plan to combine existing procedures and technologies in body contouring.

#### **Skin Cancer / Reconstruction Oral Abstracts: Top Ten**

**CME: 1.00** 

**Director:** Anthony Rossi, MD

In-person presentations of the ten highest scoring scientific abstracts in the Skin Cancer and Reconstruction category.

#### **Learning Objectives**

Following this activity, participants should be able to:

- Discuss advances being made through dermatologist conducted studies and patient treatments.
- Assess the significance of investigative studies in dermatology and dermatologic surgery.

# NEW! Avoiding Flops by Combining Flaps: Multi-subunit and Combination Reconstruction

**CME: 1.00** 

**Directors:** Stanislav Tolkachjov, MD; William Stebbins, MD **Faculty:** David Brodland, MD; Andrew Kaufman, MD

Difficult defects often encompass multiple subunits. Trying to close multiple subunits with one reconstructive option may lead to poor aesthetic and functional outcomes. Larger and more difficult defects often require pushing the envelope of flap reconstructions or require combination reconstructions. This session is designed to describe step-by-step reconstructive photo-based techniques to close difficult defects. The focus will be to identify the difficulty in the defect, give a differential of reconstructive options and design an elegant reconstruction or combination of closures to give the best outcome.

#### **Learning Objectives**

Following this activity, participants should be able to:

- Compare agents in everyday use for particular conditions.
- Design and execute a combination reconstruction in an office-based setting.
- Describe key steps and pearls in techniques that improve outcomes with difficult multi-subunit reconstructions.



**Cosmetic Dermatologic Surgery** 

Skin Cancer & Reconstruction

**General Dermatology / Other** 

4:30 - 5:30 p.m. cont.

#### **NEW! Better Call Saul**

**CME: 1.00** 

Directors: Mathew M. Avram, MD, JD; David Goldberg, MD, JD;

Nowell Solish, MD, FRCPC

Faculty: Jeremy Green, MD; Robyn Siperstein, MD;

Jeanine Downie, MD; Ellen Gendler, MD

A session on how and when people were victims of fraud in their office, such as staff stealing from them or embezzling from work, or patients that have done the same.

#### **Learning Objectives**

Following this activity, participants should be able to:

- · Recognize practice areas susceptible to fraud.
- Learn how to prevent fraud in their office.
- Learn about actions they can take when they have learned about fraud.

2023 International Traveling Mentorship Program: Global Safety and Best Practice in Dermatologic Surgery

**CME: 1.00** 

**Director:** Hema Sundaram, MD

Faculty: Severin Laeuchli, MD; Sudip Parajuli, MD;

Tamara Griffiths, MD; George Hruza, MD, MBA;

Ashraf Badawi, MD

The ASDS International Traveling Mentorship Program (ITMP) fosters exchange of information and education in dermatologic surgery worldwide. This year's session will spotlight the ASDS global stewardship of safety and evidence-based practice, including laser and surgical safety and commitment to diversity, equity and inclusion. Attendees will also learn about opportunities to participate as an ITMP mentor in international teaching activities and to collaborate with international ASDS members.

### **Learning Objectives**

- Define the mission and goals of the ASDS ITMP Work Group including international educational exchange and mentorship.
- Describe the role of ASDS in global stewardship of safety and evidence-based practice in dermatologic surgery.
- Analyze unmet needs in safety standards and practice guidelines for underserved groups including persons of color.



#### 9 - 9:20 a.m.

Lawrence Field, MD, Honorary Lecture: Making a Difference through the International Traveling Mentorship Program: Changing Surgical and Medical Practice in Dermatology in Nepal

Non-CME

Speaker: Sudip Parajuli, MD

Sudip Parajuli, MBBS, MD, currently serves as Associate Professor in the Department of Dermatology and Venereology, Tribhuvan University Teaching Hospital (TUTH), Maharajgunj Medical Campus, Institute of Medicine, Maharajgunj, Kathmandu, with more than 15 years of experience in the field.

Dr. Parajuli has served as a managing editor of the Nepal Journal of Dermatology, Venereology and Leprology for many years. He is actively involved in organizing national, regional and international meetings of dermatology in Nepal and in South Asian Association for Regional Cooperation (SAARC) countries.

#### 9:20 - 9:45 a.m.

Vic Narurkar, MD, Innovations in Aesthetic Dermatology Lecture: Parallels in the History of Aesthetic Procedures and ASDS

Non-CME

Speaker: Rhoda S. Narins, MD

Rhoda S. Narins, MD, is a pioneer in liposuction, an expert in filler and toxin injectables – who did much of the original research – and an educational leader in cosmetic dermatological surgery for a myriad of organizations, including Past President of ASDS and recipient of the Samuel J. Stegman, MD, Award for Distinguished Service. Dr. Narins will provide a thought-provoking look at the parallels in the history of tumescent liposuction and the use of fillers and toxins with the history of ASDS, along with an overview of the aesthetic evolution to the present-day state using new developments in the 21st century to improve patient outcomes.



#### 9 - 9:45 a.m.

**NEW!** Regenerative Medicine and Biostimulatory Fillers: A Shifting Paradigm?

**CME: 0.75** 

Directors: Shilpi Khetarpal, MD; Amelia Hausauer, MD

Faculty: Hema Sundaram, MD

This session will discuss various aspects of platelet rich plasma (PRP), including mechanism of action, preparation systems and dosing, and PRP uses in hair restoration and skin rejuvenation. Platelet rich fibrin (PRF) will also be discussed along with stem cells and how they differ from PRP as well as combined uses for both skin and hair.

#### **Learning Objectives**

Following this activity, participants should be able to:

- Describe the mechanism of action of platelet rich plasma in the skin and hair.
- Summarize regulatory issues surrounding PRP and exosomes.
- Recognize the differences between various PRP preparation systems and how they differ from platelet rich fibrin.

#### **NEW! ASDS Cosmetic Fellows GLAM SLAM**

**CME: 0.75** 

Directors: Anne Chapas, MD; Ardalan Minokadeh, MD, PhD

The session will highlight the ASDS Cosmetic Dermatologic Surgery Fellowship Program and the dynamic contributions to the field of dermatologic surgery by the fellows and their fellowship directors. Fellows will submit brief presentations based on a research project or paper from their fellowship year, and the Directors will select several to be presented live in this session. The audience will vote on the best presentation, and the top Fellow will win a free year of ASDS membership.

#### **Learning Objectives**

Following this activity, participants should be able to:

- Discuss cutting-edge topics in cosmetic dermatology.
- Describe solutions to challenging problems in cosmetic dermatology.
- Recognize the benefits of contributing to teaching the next generation of dermatologic surgeons and advancing knowledge in the field.

Cosmetic Dermatologic Surgery

Skin Cancer & Reconstruction

General Dermatology / Other

Having an Eye for Good Closures: Periocular Reconstruction for the Dermatologic Surgeon

**CME: 0.75** 

Directors: Lisa Chipps, MD

Faculty: Cameron Chesnut, MD; Jason Liss, MD

This session will review important anatomical considerations when performing reconstruction around the eye. Reconstructive options covered include anterior/posterior lamella defects, as well as multi-stage eyelid repairs that will include canthal anchoring solutions.

#### **Learning Objectives**

Following this activity, participants should be able to:

- Review basic anatomy and reconstructive principles of the eyelid.
- Describe advanced eyelid reconstructive procedures.
- Review concepts of cosmetic oculoplastic surgery and how they apply to surgical reconstruction of the eyelid.

9 - 9:45 a.m. cont.

#### Established and New Immunostains in Mohs Surgery

**CME: 0.75** 

**Directors:** Abigail Waldman, MD, MHS; Evans Bailey, MD, PhD **Faculty:** David Brodland, MD; Addison Demer, MD

A review of the established immunostains techniques for Mohs surgery for both melanoma and non-melanoma skin cancers as well as a review of emerging immunostains protocols. For melanoma: Mart-1 and MITF as well as emerging protocols for SOX10 and PRAME and modification of DAB staining to enhance melanoma staining. For non-melanoma skin cancers: protocols for cytokeratin staining as well as newer immunostains for nuclear markers such as p63 and p40 in poorly differentiated squamous cell carcinomas and combination immunostains for perineural

# invasion of tumors. **Learning Objectives**

Following this activity, participants should be able to:

- Describe cytokeratin and new non-cytokeratin immunostains for non-melanoma skin cancers in Mohs micrographic surgery and recognize when these protocols improve tumor detection in Mohs surgery.
- Summarize the immunostain protocols for cytoplasmic (Mart-1) and nuclear stains (MITF and SOX10 and PRAME) in Mohs for melanoma and describe cases when these protocols should be used in Mohs surgery for melanoma.
- Discuss new protocols for nerve invasion in Mohs surgery and the use of modified DAB colors to improve immunostain sensitivity.

10 - 11 a.m.

#### Plenary: Breaking Bad

**CME: 1.00** 

**Directors:** Thomas Rohrer, MD; Nowell Solish, MD, FRCPC Faculty: Jill Waibel, MD; M. Laurin Council, MD, MBA;

Sue Ellen Cox, MD; Eric Bernstein, MD, MSE; Roy Geronemus, MD; Iren Kossintseva, MD, FRCPC; Stanislav Tolkachjov, MD; Glenn Goldman, MD;

Mariah Brown, MD

Every dermatologic surgeon will experience side effects and negative outcomes in their practice. The speakers present real cases they have seen, discuss what went wrong, the outcomes and how they can be treated and prevented in the future.

#### **Learning Objectives**

Following this activity, participants should be able to:

- Identify early signs of cosmetic and reconstructive complications and develop steps to take to minimize negative outcomes.
- Recognize that any dermatologist who performs cosmetic and reconstructive procedures will encounter complications.
- Select appropriate repairs for surgical defects and therapies and approaches for cosmetic corrections.

#### 11:15 a.m. - Noon

#### **NEW! Lip Sense: Focus on Structure and Shape**

**CME: 0.75** 

Directors: Kavita Mariwalla, MD; Sabrina Fabi, MD

Faculty: Rebecca Fitzgerald, MD

More information coming soon.

#### **Learning Objectives**

Following this activity, participants should be able to:

More information coming soon.

#### 11:15 a.m. - Noon cont.

#### **NEW!** Blepharoplasty for Dermatologists

**CME: 0.75** 

Directors: Cameron Chesnut, MD; Edgar Fincher, MD, PhD

Faculty: John Nia, MD; Merrick Brodsky, MD

More information coming soon.

#### **Learning Objectives**

Following this activity, participants should be able to:

- · Describe the surgical steps of blepharoplasty.
- Recognize ideal candidates for blepharoplasty surgery.
- Summarize blepharoplasty risk factors.

#### **Nasal Reconstruction**

**CME: 0.75** 

Directors: Rajiv Nijhawan, MD; Iren Kossinsteva, MD, FRCPC

Faculty: Ian Maher, MD; Justin Leitenberger, MD

In the reconstruction of nasal defects, cartilage grafting is often necessary to restore function and cosmesis. This session will provide a detailed discussion of cartilage grafting as it pertains to nasal reconstruction for the treatment of skin cancer. We will cover techniques for harvesting grafts, techniques for cartilage graft placement and various applications of cartilage grafting for nasal reconstruction.

#### **Learning Objectives**

Following this activity, participants should be able to:

- Select appropriate cartilage graft donor sites.
- Utilize cartilage grafts for aesthetic and functional restoration of the nose.
- Recognize a variety of reconstructive scenarios in which cartilage grafting can be useful.

#### **NEW! Challenging Cutaneous Malignancies**

**CME: 0.75** 

**Directors:** Marc Brown, MD; Sherrif Ibrahim, MD, PhD **Faculty:** Vishal Patel, MD; Joanna Walker, MD

Key subjects to be covered in this session include lentigo maligna, transplant patients and malignant fibrous tumors. Optimal surgical approaches, high-risk factors and surgical approaches will be reviewed.

#### **Learning Objectives**

Following this activity, participants should be able to:

- Assess the optimal surgical approach to lentigo maligna.
- Recognize high-risk factors in the transplant patient.
- Formulate surgical approach to malignant fibrous tumors.

#### **NEW! Leadership Primer**

**CME: 0.75** 

**Directors:** Murad Alam, MD, MSCI, MBA; Mona Gohara, MD **Faculty:** Vince Bertucci, MD, FRCPC; Terrence Cronin, MD;

Valerie Callender, MD

Leadership is a skill to be learned and practiced. By developing our leadership skills, we will be more effective at directing our practices and giving back to our societies and communities. In this session, we will explore how we can grow as leaders and highlight leadership opportunities within ASDS and beyond.

#### **Learning Objectives**

Following this activity, participants should be able to:

- · List qualities of an effective leader.
- Define high-quality feedback.
- List leadership opportunities available within ASDS and other organizations.

**NEW!** Optimizing Melanocyte Cell Transplant Procedure for Treatment of Recalcitrant Vitiligo

**CME: 0.75** 

Directors: Bassel Mahmoud, MD; Nada Elbuluk, MD

Faculty: Pearl Grimes, MD

The session will cover the indications for surgical treatment of vitiligo, surgical methods with emphasis on melanocyte cell transplantation procedure, procedure technique and why the outcome may be unpredictable in some cases and how our recent research helped to overcome this issue. We will identify objective immunologic markers to predict disease stability and types of emerging immunosuppressive treatment of vitiligo that can complement surgical management to optimize results.

#### **Learning Objectives**

- Determine the indications for melanocyte cell transplant procedure for vitiligo and other pigmentary skin disorders.
- Define immunological markers of vitiligo to objectively determine disease stability to optimize post-surgical outcomes.
- Assess effects of emerging immunosuppressive treatment of vitiligo on the success of repigmentation.



#### 1:30 - 3:45 p.m.

Patient Demonstrations: Rejuvenation Without Fillers or Toxins

**CME: 2.25** 

**Directors:** Kimberly Butterwick, MD; E. Victor Ross, MD **Faculty:** Jeffrey Hsu, MD; Omar Ibrahimi, MD, PhD;

Melanie Palm, MD, MBA;

Michael DeWolfe, MD, FACS; Jessie Cheung, MD

This interactive session will feature renowned experts demonstrating rejuvenation and lifting techniques with energy-based devices and thread lifts. Participants will observe how faculty assess treatment areas and utilize an advanced armamentarium of cosmetic dermatology tools and techniques. Faculty will engage in a lively discussion of the pros and cons of various treatments throughout the session.

#### **Learning Objectives**

Following this activity, participants should be able to:

- Review the indications and select the optimal treatment modalities and potential complication profile for cosmetic rejuvenation without injectable agents.
- Recommend and refine current tools and techniques for performing advanced cosmetic procedures for reliable and safe results.
- Assess the latest techniques for optimal placement of suspension sutures based on current clinical evidence and practice pearls.

#### 1:30 - 2:30 p.m.

Cosmetic Dermatology Publications that Change the Way We Practice

**CME: 1.00** 

Directors: Robyn Siperstein, MD; Molly Wanner, MD, MBA

**Faculty:** Vince Bertucci, MD, FRCPC; Nowel Solish, MD, FRCPC

Have you ever wanted someone to scour the literature for all of the can't miss publications? This session will include the most important publications in the last five years. Our focus will be evidence-based publications; however, we will also include case reports of interesting new techniques and approaches. Speakers will include experts in the following areas: fillers, neuromodulators, energy-based devices, anatomy and skin lifting / tightening.

#### **Learning Objectives**

Following this activity, participants should be able to:

- Describe key publications in the literature.
- Assess the literature for new approaches that can improve safety.
- Demonstrate new techniques that improve efficacy.

Hair Restoration Surgery, PRP, LLLT and Medical Therapy

**CME: 1.00** 

Directors: Marc Avram, MD; Ronda Farah, MD

Faculty: Valencia Thomas, MD; Meena Singh, MD;
Neil Sadick, MD; Maria Hordinsky, MD

The session will review the latest techniques in hair transplant surgery, including candidate selection, donor harvesting techniques, graft creation and placement, transplanting scarring alopecia and integrating hair transplantation into a dermatologic surgery practice. In addition, the role of PRP, oral minoxidil, low level light therapy, supplements and hair care will be reviewed for women and men with hair loss.

#### **Learning Objectives**

Following this activity, participants should be able to:

- Formulate a medical treatment plan for male and female pattern hair loss utilizing PRP, LLLT and oral minoxidil.
- Identify appropriate candidates for hair transplant surgery.
- Formulate a plan for integrating medical hair loss therapies and hair transplant surgery into a busy dermatologic surgery practice.

#### **Advanced Nail Surgery**

**CME: 1.00** 

**Directors:** Maral Skelsey, MD; Divya Srivastava, MD **Faculty:** Julia Baltz, MD; Nathaniel Jellinek, MD

This session will highlight the optimal approach to different nail procedures. We will review peri-operative considerations, technique, post-operative care and complications. Specific techniques will include nail matrix biopsy, nail avulsion and en bloc resection.

#### **Learning Objectives**

- Describe nail unit anatomy to implement safe and effective surgical techniques.
- Describe peri-operative considerations specific to nail surgery.
- Identify the optimal surgical approach to specific nail diseases.



1:30 - 2:30 p.m. cont.

#### **Perioral Reconstruction**

**CME: 1.00** 

**Directors:** Christie Travelute, MD; Kathleen Suozzi, MD **Faculty:** Ashley Decker, MD; Michael Swann, MD

Participants will learn when certain reconstructions are superior to others for repairing both simple and challenging perioral defects. Both common and advanced approaches will be described and illustrated to include refinements in technique that will improve efficiency as well as cosmetic and functional results for patients undergoing such repairs. Appropriate for all skill and career levels.

#### Learning Objectives

Following this activity, participants should be able to:

- Identify the considerations involved in planning a functionally and cosmetically excellent reconstruction of the lip.
- Distinguish various approaches for reconstruction and explain the benefits and drawbacks of reconstructive options that make certain repairs most appropriate in different scenarios.
- Formulate advanced reconstruction plans that may require multiple reconstructive interventions or complex techniques to yield the best possible results for the patient.

How to Build Influence: What Dermatologic Surgeons Need to Know to Get Seats at the Table

**CME: 1.00** 

Director: Brian Peterson, MD

Faculty: Amy Derick, MD; Rachel Kyllo, MD; Eric Millican, MD

Learn strategies for becoming involved in policymaking arenas for state and federal jurisdictions that influence patient safety and access to board certified dermatologic surgeons.

#### **Learning Objectives**

Following this activity, participants should be able to:

- Recognize elected official opportunities in the states and federally.
- Prepare to be considered for medical board openings in your state.
- List policymaking opportunities for dermatologic surgeons.

#### **Finding Purpose in Your Practice**

**CME: 1.00** 

**Director:** Shawn Allen, MD

Faculty: Elizabeth Hale, MD; Chris Adigun, MD;

Rosalyn George, MD

This session will help the audience better understand and navigate with purpose the opportunites and challenges in their practice. We will cover why we do what we do, what is our purpose, what makes a great leader and how to define and build your work culture.

#### **Learning Objectives**

Following this activity, participants should be able to:

- Better understand your leadership style and what it means to be a good leader and how to develop your leadership skills personally and professionally.
- Describe and understand the importance of creating a work culture and what steps the audience may take to improve theirs.
- Define purpose and recognize where it lives in your practice.

#### 2:45 - 3:45 p.m.

#### **NEW!** Injectables for a Changing World

**CME: 1.00** 

**Directors:** Hema Sundaram, MD; Valerie Callender, MD **Faculty:** Kavita Mariwalla, MD; Brian Ginsberg, MD;

Amelia Hausauer, MD

This session integrates fast-paced presentations with interactive panel debates to examine the evolving use of fillers and neuromodulators in diversifying patient populations and what to expect from injectables on our horizon. Key subjects include morphotype-based strategies for patients of color and different ethnicities; consultative skills in gender-affirming care; injectables for the body; longitudinal, sequenced planning of injectables over years or decades; and self-injection, fake or home-made products and social media trends. Cutting-edge safety concepts, ultrasound imaging, and the regenerative potential of fillers, neuromodulators and emerging technologies including adipose matrix, epigenetics and gene therapy will be discussed.

#### **Learning Objectives**

- Describe key considerations to optimize injectables in patients of diverse skin types and ethnicities, in gender-affirming care, and in sequenced or staged treatments.
- Apply anatomical understanding, injection technique, product selection and real-time imaging to avoidance, diagnosis and management of injectables complications.
- Assess the evidence base for regenerative effects of current and emerging injectables.

#### 2:45 - 3:45 p.m. cont.

#### **Surgical Lifting Procedures**

**CME: 1.00** 

Directors: José Montes, MD, FACS; Steven Dayan, MD, FACS Faculty:

Cameron Chesnut, MD; Neal Goldman, MD;

Haves Gladstone, MD:

Tara Sulyman-Scott, MD; Paul Phelps, MD, FACS

A multidisciplinary perspective on aging face surgery to offer alternatives to injectables, laser and skincare.

#### **Learning Objectives**

Following this activity, participants should be able to:

- Identify conditions and patient complaints which may benefit more from a surgical intervention than minimally invasive, or noninvasive approaches.
- Discuss surgical steps for performing upper and lower blepharoplasty, brow lifts and face/neck lifts.
- Summarize the logistics of performing these procedures in an office/outpatient setting.

### Other Than Interpolation

**CME: 1.00** 

Directors: Nima Gharavi, MD, PhD; Jerry Brewer, MD, MS Faculty:

Andrew Kaufman, MD: Addison Demer, MD:

Seaver Soon, MD; Siegrid Yu, MD;

Stanislav Tolkachjov, MD

This session will cover reconstructive options for large defects. other than interpolation flaps or staged flaps, including alternative approaches to complex defects, especially in light of patient co-morbidities and/or coagulation concerns. The focus will be on flap design, decision making, anatomy and the use of combination options for reconstruction.

#### Learning Objectives

Following this activity, participants should be able to:

- Identify patients and/or defects that may be better candidates for non-interpolation reconstructive options.
- Design appropriate flaps and grafts, and their combination, for complex reconstruction in lieu of interpolation flaps.
- Recognize important anatomic structures and landmarks. and their importance for optimal functional and cosmetic outcomes.

#### **Reconstructive Conumdrums**

**CME: 1.00** 

Directors: David Brodland, MD; Bradley Merritt, MD

Challenging wounds will be presented as "unknowns" or reconstruction conundrums to the audience, who will be encouraged to consider how they would reconstruct the defect. Faculty will then review the various reconstructive options that were considered along with the pros and cons of each. The actual reconstruction of the wound will then be presented as a resolution to the conundrum. The presenter will review the reasons for the chosen resolution and the "how to" in successfully executing the repair.

#### **Learning Objectives**

- Develop a viable list of possible reconstruction options when presented with a reconstruction conundrum, based on the challenges presented.
- Assess the anticipated pros and cons of multiple reconstruction options and select the best option for the circumstance.
- Evaluate all the factors that enter into solving reconstruction conundrums.



2:45 - 3:45 p.m. cont.

#### **Live Oral Abstracts**

**CME: 1.00** 

Director: Rawaa Almukhtar, MD

In-person presentations of top-tier scored scientific abstracts.

#### **Learning Objectives**

Following this activity, participants should be able to:

- Discuss advances being made through dermatologist conducted studies and patient treatments.
- Assess the significance of investigative studies in dermatology and dermatologic surgery.

#### **Live Oral Abstracts**

**CME: 1.00** 

Director: Ramone Williams, MD, MPhil

In-person presentations of top-tier scored scientific abstracts.

#### **Learning Objectives**

Following this activity, participants should be able to:

- Discuss advances being made through dermatologist conducted studies and patient treatments.
- Assess the significance of investigative studies in dermatology and dermatologic surgery.

### 4 – 5:15 p.m.

#### **Plenary: Iron Surgeon Competition**

**CME: 1.25** 

Directors: H. William Higgins II, MD, MBE; Anna Bar, MD
Faculty: Heather Rogers, MD; Emily Ruiz, MD, MPH;

Arisa Ortiz, MD; Nathaniel Jellinek, MD

Opponents compete in reconstruction or cosmetic matches by presenting their best option for reconstruction of a surgical defect or improvement of a cosmetic concern. The audience evaluates their choice and their argument for their selection and votes on who will be the winners of the Iron Surgeon Competition.

#### **Learning Objectives**

- Analyze a surgical defect and come up with multiple reconstructive options.
- Recognize multiple ways to approach cosmetic improvements for patients.
- Select appropriate repairs for surgical defects and therapies and approaches for cosmetic corrections.







# Sunday, Nov. 5

8 - 8:45 a.m.

#### **NEW! How Long Does It Last? Toxin Duration**

**CME: 0.75** 

**Director:** Amy Taub, MD

Faculty: Mark Nestor, MD, PhD; Ava Shamban, MD

New toxins recently approved claim to last longer than previously available toxins, but may require higher doses. The literature surrounding duration of toxin and its relationship to dosage and amount of diluent will be analyzed as well as early clinical experiences. Strategies will be outlined for discussing these differences with patients in an educational manner so that they can make their best informed choices.

#### **Learning Objectives**

Following this activity, participants should be able to:

- Discuss the literature of duration and relationship to dosage of daxibotulinum, onabotulinum, abobotulinum, prabotulinum and incobotulinum toxin.
- Explain the difference of duration of these botulinum toxins to patients.

#### **NEW!** Anesthesia in Cutaneous Surgery

**CME: 0.75** 

**Directors:** Valencia Thomas, MD, MHCM;

Diana Bolotin, MD, PhD

Faculty: Kira Minkis, MD, PhD; Nicole Negbenebor, MD;

Jennifer Ranario, MD, MBA

The recent lidocaine shortage impacted the majority of dermatologists in the country and forced conversations about our current anesthesia standards, alternatives and techniques. This session will discuss current pain management options for the skin.

#### **Learning Objectives**

Following this activity, participants should be able to:

- · Identify alternatives to lidocaine anesthesia.
- Discuss pre- and intraoperative pain management practices to decrease postoperative narcotic prescriptions.
- Discuss alternatives to postoperative narcotic therapy.

NEW! Non-Invasive Imaging in Cosmetic Dermatology Beyond Ultrasound

**CME: 0.75** 

**Director:** Orit Markowtiz, MD

Faculty: Jean Carruthers, MD, FRCSC, FRC;

Jill Waibel, MD

This session will review recent literature on micro-channel formation, microvascular changes post topical applications, and various laser/energy-based treatments, as well as provide an overview of imaging including ultrasound. We will cover non-invasive management of skin diseases ranging from skin cancer, melasma, festoons, onychomycosis, psoriasis, atopic dermatitis and more.

#### **Learning Objectives**

- Summarize the current imaging devices used in cosmetic disease management.
- Discuss the most recent trials and findings on skin disorders and their management with imaging.
- Describe challenges in managing certain skin conditions like melasma and the benefits of imaging.



# Sunday, Nov. 5

8 - 10:30 a.m.

Hands-on Workshop: Residents and Fellows in Training Surgical Skills

CME: 2.50 WAITLIST

**Directors:** Kira Minkis, MD, PhD; M. Laurin Council, MD, MBA **Faculty:** Addison Demer, MD; S. Brian Jiang, MD;

Addison Demer, MD; S. Brian Jiang, MD; Harrison Nguyen, MD, MBA, MPH; Cyndi Yag-Howard, MD; Cindy Parra, MD

This hands-on workshop is designed for early-career and resident dermatologists. Participants will gain expert-guided hands-on experience practicing excision, suturing, linear closure and flap techniques. Participants will rotate through surgical skills stations with expert faculty at each station to provide instruction, guidance, tips and techniques to advance their surgical skill set.

#### **Learning Objectives**

Following this activity, participants should be able to:

- Increase competence in instrument handling and proficiency in suturing techniques.
- Execute improved complex linear closures.
- Execute improved wound closure flaps.

9 - 10:30 a.m.

#### **Patient Demonstrations: Chairside with Experts**

**CME: 1.50** 

WAITLIST

Directors: Ashish Bhatia, MD; Jeffrey Hsu, MD;

Deirdre Hooper, MD

Faculty: Omer Ibrahim, MD; Robyn Siperstein, MD;

Rachel Pritzker, MD; Rebecca Kazin, MD; Faiyaaz Kalimullah, MD; Kevin Cavanaugh, MD; Shraddha Desai, MD; Timothy Flynn, MD;

Kevin Pinski, MD; Amy Taub, MD

This unique interactive session will feature five simultaneous cosmetic injection demonstrations taking place throughout the session, with learners rotating through each chairside demonstration. Participants will observe up close how faculty approach facial assessment and demonstrate diverse techniques that optimize aesthetic outcomes while minimizing complications. This opportunity to observe procedures chairside and to ask questions and receive instant feedback maximizes the educational experience

#### **Learning Objectives**

- Select optimal patient cosmetic treatments through effective patient assessment of anatomy and aging.
- Select appropriate agents for upper, mid and lower face for individualized treatments.
- Implement new and safer injection strategies and techniques.



### **ACTIVITIES** 2023 ASDS Annual Meeting



# **ACTIVITIES NOT TO BE MISSED!**

### **Industry Organized Hot Topic Events**

Wednesday, Nov. 1 from 6:30 to 8:30 p.m.

Thursday, Nov. 2 from 7:30 to 9:30 p.m.

Sessions hosted by industry partners on today's most relevant topics.

### ASDS/A Annual Members-Only **Membership Meeting**

Friday, Nov. 3 from 10:30 a.m. to Noon All ASDS members are invited to attend the ASDS / ASDSA Annual Membership Meeting

to hear the past year's achievements and plans for the future.



### 16th Annual ASDS Gala: **Illuminate the Future: Sparkle & Shine Masquerade Gala**

Saturday, Nov. 4 from 7 to 11 p.m. (additional fee)



Sparkle and shine at this year's

masquerade Gala! Your ticket to this glamorous event includes an elegant dinner followed by the presentation of the prestigious Samuel J. Stegman, MD, Award for Distinguished Service and a fundraiser to support the Society's future. Tickets are \$175.

### What's Going on in the Exhibit Hall

### Free Video Thursday WAITLIST

**MERZ** AESTHETICS®

Thursday, Nov. 2 from 8 a.m. to 7 p.m.

Randolph 2 meeting room (East Tower, concourse level)

Capture the attention of your website visitors and social media followers by filming a professionally produced video that promotes your practice and/or educates patients.

### Free Photo Friday LAROCHEPOSAY

Friday, Nov. 3 from 3 to 7 p.m. in the Exhibit Hall

An ASDS member benefit – receive a free professional digital headshot to use for CVs, practice website, social media and more.

### Sample Saturday

Saturday, Nov. 4 from 8 a.m. to 2 p.m. While supplies last, select exhibitors will offer free samples throughout the day. Be sure to leave extra room in your suitcase!





### Golden Scalpel Knowledge Bowl MERZ AESTHETICS\*

Saturday, Nov. 4 at Noon in the Exhibit Hall

Resident teams challenge one another in this Jeopardy-style game to test their knowledge of dermatologic surgery and pop culture.

### **Industry Networking in the Exhibit Hall**

Take advantage of unopposed time to visit the Exhibit Hall to browse the latest products and services and network with industry. Stop by the ASDS/A Member Information Center (booth #625) to renew your membership for 2024!

Thursday, Nov. 2 Noon to 1:30 p.m. Lunch

3:45 to 4:45 p.m. Networking Break 6 to 7:30 p.m. Welcome Reception

Friday, Nov. 3 8 to 9 a.m. Breakfast

Noon to 1:30 p.m. Lunch

3:45 to 4:30 p.m. Networking Break

5:30 to 7 p.m. Networking Reception and Raffle

8 to 9 a.m. Breakfast Saturday, Nov. 4

Noon to 1:30 p.m. Lunch